

## Enliven Day Services are available in:

### Auckland

The Centennial Hall,  
79 Grey Street, Onehunga  
- Tuesday to Friday

### Counties Manukau

St Pauls Presbyterian Church,  
217 Weymouth Road, Manurewa  
- Monday to Friday

### Coromandel

Colville: Thursday  
Whitianga: Tuesday and Thursday  
Whangamatā: Thursday  
Thames: Wednesday

### Hamilton

St Andrews, 22 Delamare Road  
- Monday to Friday  
  
Hillcrest Te Ara Hou Village,  
100 Morrinsville Road  
- Monday to Friday

### Tauranga

Bethlehem Community Church,  
183 Moffat Road, Bethlehem  
- Tuesday to Friday

### Whakatāne

Knox Presbyterian Church,  
83A Domain Rd  
- Tuesday to Friday

# Enliven

Presbyterian Support Northern

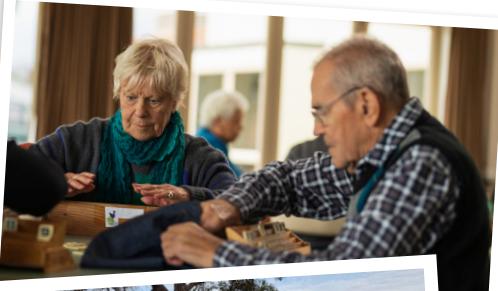
# Day Services

*Support, Connection & Purpose*



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Presbyterian Support Northern



## Referral to our Day Services

Usually a referral is sent by the local Needs Assessment and Service Coordination team (NASC).

After completing an assessment of your needs, the NASC service will send a referral to Enliven which outlines the number of funded days per week they have allocated. Once Enliven has received your referral, a Day Service Team Leader will contact you to make a time to visit.

## Planning your support

An Enliven Team Leader will talk with you and your family to find out what is important to know about you and together create a support plan so we know how best to support you. The plan will include your goals, your interests, and include your physical, cultural, spiritual and social needs. A personalised activity programme is developed with you to provide opportunities such as improving mobility, social interactions and having some fun.

**We also accept private paying clients. Please contact us on 0800 373 654 to enquire.**

## What are Day Services?

Day Services are located in a community setting where members gather together for part of the day. Our day services focus on supporting older people connect with their community, through social interaction and activities.

The service also gives caregivers and whānau a much-needed break to rest and recharge.

### We offer a variety of group and individual activities such as:

- Gardening, crafts and music
- Exercise programmes (including falls prevention, strength and balance exercises)
- Games, quizzes, cultural events and celebrations
- Cognitive Stimulation Therapy (suitable for people with dementia)

### Contact us today

0800 373 654

 [enliven@psn.org.nz](mailto:enliven@psn.org.nz)

 [enlivennorthern.org.nz](http://enlivennorthern.org.nz)

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